

COVID-19

Know the symptoms. **Help** slow the spread.

Evidence has shown that certain neurologic signs can appear before the virus's most common symptoms and often have more severe outcomes.

OFTEN OVERLOOKED SYMPTOMS



Headaches



Loss of smell
and taste

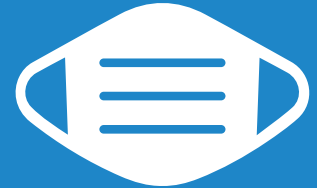


Muscle aches



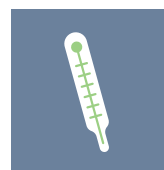
Mental fog/
confusion

DO YOUR PART. WEAR A MASK.



At work, in restaurants, when you're shopping. It's the right choice to help protect those around you—and encourage others to do the same. We can all help our community stay healthy.

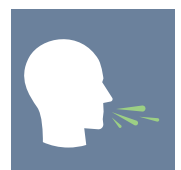
MOST COMMON SYMPTOMS



Fever



Shortness
of breath



Cough

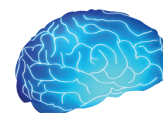
Symptoms can range from mild to severe and some can appear sooner than others. That's why it's important to let your doctor know if you experience any of these symptoms—and to self-isolate and monitor your condition if you think you could be sick.

Visit brainhealthinitiative.org/for-community for information on neurologic and mental health symptoms associated with **COVID-19**.



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BRAIN
HEALTH
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**ACADEMY FOR
BRAIN HEALTH**
AND PERFORMANCE